# Information For the User Diclofenac (50mg) + Paracetamol (325mg) + Serratiopeptidase (10mg)

# **Decplist SP Tablet**

Diclofenac (50 mg) + Paracetamol (325 mg) + Serratiopeptidase (10 mg) Tablet

### Description

This combination tablet combines Diclofenac (an NSAID), Paracetamol (an analgesic and antipyretic), and Serratiopeptidase (a proteolytic enzyme) to provide enhanced relief from pain and inflammation. It is used for conditions where inflammation and pain are present, such as arthritis, post-surgical recovery, musculoskeletal injuries, and other inflammatory disorders. The synergistic action of these ingredients helps alleviate pain, reduce swelling, and promote faster recovery from inflammation.

Composition

Each tablet contains:

- Diclofenac Sodium: 50 mg (Nonsteroidal antiinflammatory drug)
- Paracetamol: 325 mg (Analgesic and antipyretic)
- Serratiopeptidase: 10 mg (Proteolytic enzyme)

**Excipients: Q.S.** 

#### **Pharmacological Action**

- 1. Diclofenac Sodium: Works by inhibiting the enzyme cyclooxygenase (COX), reducing the production of prostaglandins. This decreases inflammation, pain, and fever associated with various conditions such as arthritis, musculoskeletal injuries, and post-surgical pain.
- 2. Paracetamol: Acts centrally in the brain to reduce pain and fever. It provides effective relief for mild to moderate pain and helps reduce fever, making it ideal for combination therapy with an NSAID like diclofenac.

3. Serratiopeptidase: A proteolytic enzyme that helps break down protein molecules in the body, reducing inflammation and swelling. It also assists in the healing process by accelerating the breakdown of inflammatory by-products, thus promoting faster recovery.

## Indications

This combination tablet is indicated for the relief of:

- Acute pain: From injuries, strains, sprains, and trauma.
- Chronic pain: Associated with osteoarthritis, rheumatoid arthritis, and ankylosing spondylitis.
- Post-surgical pain: Including pain following dental, orthopedic, or other surgical procedures.
- Inflammatory conditions: Such as tendonitis, bursitis, and other soft tissue inflammations.

**Dosage and Administration** 

- Adults:
  - 1 tablet taken every 8-12 hours, preferably with food to reduce gastrointestinal irritation.
  - The daily dose may be adjusted based on the severity of pain or inflammation but should not exceed the recommended daily dosage of 150 mg of Diclofenac, 975 mg of Paracetamol, and 30 mg of Serratiopeptidase.
- Administration: Swallow the tablet whole with a glass of water. Do not crush or chew the tablet to ensure the proper release of the medication.

Contraindications

- Hypersensitivity to Diclofenac, Paracetamol, Serratiopeptidase, or any other components of the tablet.
- Active gastrointestinal bleeding, peptic ulcers, or other severe gastrointestinal disorders.
- Severe liver or kidney impairment.
- History of heart failure or serious cardiovascular diseases.
- Pregnancy, especially during the third trimester, and breastfeeding, unless specifically prescribed by a healthcare provider.

## Precautions

- Gastrointestinal Risk: Diclofenac may cause gastrointestinal irritation, ulceration, or bleeding. Administer with food to minimize this risk.
- Liver and Kidney Function: Use cautiously in individuals with liver or kidney disorders. Periodic monitoring of liver and renal function is recommended during prolonged use.
- Cardiovascular Care: Monitor for signs of fluid retention, high blood pressure, or heart failure, particularly in elderly patients or those with cardiovascular conditions.
- Paracetamol: Caution should be exercised in patients with existing liver problems or those who consume alcohol heavily.
- Elderly Patients: Adjust the dosage to minimize the risk of side effects, especially related to gastrointestinal, renal, or cardiovascular systems.
- Pregnancy: Avoid use during the third trimester. Consult a healthcare provider before use during the first and second trimesters.

Adverse Effects

- Common: Nausea, abdominal discomfort, heartburn, dizziness, headache, or mild gastrointestinal discomfort.
- Less common: Diarrhea, constipation, skin rash, or fluid retention.
- Serious: Gastrointestinal bleeding, ulcers, liver damage, kidney dysfunction, or cardiovascular issues such as heart attack or stroke.

Seek immediate medical attention if you experience: severe abdominal pain, black or bloody stools, jaundice, chest pain, shortness of breath, or swelling of the legs.

### **Storage Instructions**

- Store at room temperature (15-30°C), away from light and moisture.
- Keep the tablets in their original packaging to protect from light and humidity.
- Keep out of the reach of children.

## Presentation

• Available in blister packs containing 10 tablets or 20 tablets.

Note: This medication should be used as directed by a healthcare provider. Do not exceed the recommended dose, and consult a doctor if symptoms persist or worsen.

Manufactured in India for:



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